

# TRANSFORMATION

# essential fatty acids

## Supplement Facts

Serving Size: 1 Softgel  
Servings Per Container: 60

	Amount Per Serving	% Daily Value
Calories	13	
Calories from Fat	11	
Total Fat	1 g	1%**
Marine Lipid Concentrate	1.2 g	†
Eicosapentaenoic Acid (EPA)	360 mg	†
Docosahexaenoic Acid (DHA)	240 mg	†

\*\* Percent Daily Values are based on a 2,000 calorie diet

† Daily Value not established

OTHER INGREDIENTS: GELATIN, GLYCERIN, PURIFIED WATER, MIXED TOCOPHEROLS (TO MAINTAIN FRESHNESS).

### RECOMMENDED USAGE:

Take one (1) softgel with meals or as directed by a health care practitioner. Take with adequate liquid.

Available in bottles of 60 softgels.

NO FILLERS/NON-ALLERGENIC

Promotes cardiovascular, joints, and skin health\*



A diet rich in essential fatty acids has been found to help maintain a healthy heart and vascular system and may assist with joint support and maintenance of skin. This is a formulation of Omega-3 fatty acids from fish oil concentrate.\*

- **Omega-3 EFAs.** Transformation's essential fatty acids are manufactured from a highly purified fish oil concentrate from anchovy, sardine, and mackerel from Canada, Norway, and Peru with a 1.5:1 ratio of EPA and DHA Omega-3 fatty acids.\*
- **Safe and Effective.** All Transformation formulas are carefully prepared to assure maximum quality and nutritional effectiveness.\* This product contains absolutely no fillers.
- **Did You Know?** EFAs are best tolerated when taken along with food and a digestive support formula with lipase enzymes for fat digestion such as Digest, LypoZyme, or Lypo.\* People taking any medicines that thin the blood (including aspirin) should talk to their doctor before taking fish oil supplements.

**Health Benefits:** Transformation's Professional Protocol™ Essential Fatty Acids is an EPA/DHA Dietary Supplement with 1200 mg fish oil concentrate for supporting a healthy cardiovascular system and a healthy neurological system along with vision health and skin health.\*

Copyright 2015 Transformation

TransformationEnzymes.com

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.